



Our Mission: "To enhance the health of people and our community through relationships with horses."

HARTH Riding Program

Life is Stressful!

This riding program is open to anyone who is suffering from the "stresses" of everyday life! Riding is a great way to relieve some of that stress and improve your overall outlook!

Date of Application: _____

Name: _____

Date of Birth: _____ Age: _____ Gender: _____ Height: _____ Weight: _____

Address: _____

Primary Phone: _____ Email: _____

Emergency Contact Information

In case of emergency contact info

Name: _____

Relationship: _____ Phone: _____

Referral Source (Name): _____

____Physician ____Mental Health Professional ____PT / OT / SPL ____Educator

____Family Member/Friend ____Current Client ____Other _____

Are you a Veteran? If so, please brief us on your military service

Branch _____ Rank _____

Conflicts (i.e. Vietnam, OIF, etc.)

Client Symptoms:

Rate any symptoms using a scale of 1 to 10 where 1 is very minimal and 10 is extreme.

Depression	1	2	3	4	5	6	7	8	9	10
Anxiety	1	2	3	4	5	6	7	8	9	10
Stress	1	2	3	4	5	6	7	8	9	10

Past Equine Experience

I am a returning client Yes No If yes, when? _____

I am a new client but have previous riding experience Yes No

If yes, how long? _____ Where? _____

Riding Experience: (Circle all that apply)

Western English Dressage Trail Pleasure Competitive

Client Goals

Client Goals for the Program: _____

Signature of client

Date

Center Policies & Procedures

- **Weight Requirements.** Horse selections are based on safety, horse size, temperament, and lesson objectives. For mounted activities, rider and tack may not exceed 250 pounds.
- **Age Requirements.** Minimum age to participate is 9 years old.
- **Safety Requirements.** Individuals may be precluded from participating in equine activities if any of the following occur (at the discretion of the instructor):
 - The client's physical condition is exacerbated in any way by participation in equine activities.
 - An appropriate horse is no longer available.
 - The client's behavior poses safety concerns to the client, staff, volunteer(s) and/or horse.
- **Payment Policy.** Payment is due in advance of scheduling your session.
 - Payment may be made on our website or in person by check or cash.
- **Cancellation Policy.** If you must cancel an appointment, please contact your instructor at least 24 hours in advance.
- **Weather Policy.**
 - Classes are automatically cancelled in the event of a National Weather Service Warning for Burnet County at the time of the scheduled session.
 - In the event of a class cancellation due to inclement weather, HARTH FOUNDATION will notify the client by phone. It is the responsibility of the client to ensure that HARTH FOUNDATION has a current phone number for notification purposes.
- **Client Documentation.** Clients will be required to sign a variety of forms, including but not limited to a photo release, liability release, emergency contact info and attending physician forms, PRIOR to participation in equine activities.

Rules of Participation.

- All clients are required to wear an ASTM-SEI approved helmet during all mounted activities. Approved helmets are provided by HARTH FOUNDATION for client use.
- Clients should dress appropriately for equine activities. This includes boots, long pants and weather appropriate attire.
- Unsupervised children are not allowed at HARTH FOUNDATION. Children must be supervised at all times while on HARTH FOUNDATION premises.

- PERSONAL PETS ARE NOT ALLOWED ON HARTH FOUNDATION PREMISES, with the exception of service animals.
- NO SMOKING ON HARTH FOUNDATION PREMISES.
- Clients and participants will not bring alcohol or drugs onto HARTH FOUNDATION premises or be under the influence of alcohol or drugs while on the premises.
- NO WEAPONS of any kind are permitted on HARTH FOUNDATION premises.
- **Changes in Medical Condition.** Should a significant change in the client's condition occur at any time, a physician's statement/release for equine activities may be requested at the discretion of the instructor. It is the responsibility of the client to inform HARTH FOUNDATION staff of any significant changes in the client's condition.
- **Private Property.** HARTH FOUNDATION is private property. There is no admittance outside of operating hours unless prior authorization has been received.
- **Never hand feed the horses.**

WARNING

UNDER TEXAS LAW (CHAPTER 87, CIVIL PRACTICE AND REMEDIES CODE), A FARM ANIMAL PROFESSIONAL IS NOT LIABLE FOR AN INJURY TO OR THE DEATH OF A PARTICIPANT IN FARM ANIMAL ACTIVITIES RESULTING FROM THE INHERENT RISKS OF FARM ANIMAL ACTIVITIES.

VIOLATION OF ANY OF THESE RULES MAY RESULT IN IMMEDIATE TERMINATION FROM THE PROGRAM.

I have read, understand and agree to follow the policies and procedures set forth by *HARTH FOUNDATION*.

Signature of client

Date

Medical Conditions Disclosure

Equine activities, including horse back riding, can pose a serious danger to people with underlying health conditions that could be worsened by the movement of the horse, being thrown or falling off a horse, getting knocked or kicked by a horse, etc.

Do you have any medical conditions that can be impacted by the activities involved in equine activities? Some examples include, but are not limited to:

- Osteoporosis
- Taking blood thinners
- Weak joints
- Previous head trauma
- Etc.

Yes, I have a condition that might be impacted by these activities.
Please describe.

No, I do not have any conditions that can be made worse by the activities involved with equine activities.

Signature

Printed Name

Date

Liability Release

I [REDACTED], the undersigned volunteer/client/guest, hereafter referred to as "Participant", which term includes the parent or legally appointed guardian of a Participant, if the Participant is a minor, am freely and voluntarily seeking to participate in equine assisted counseling/activities, (hereafter referred to as "Activity") at facilities or with horses owned or controlled by HARTH Foundation, ATHERTON EQUESTRIAN GROUP, LTD, d/b/a SUNSET CLIFF FARMS, or its agents, owners, volunteers, clients or representatives, including ATHERTON ENTERPRISES, LTD., SHERRY A. ATHERTON, LTD., SHERRY ATHERTON and VICTORIA MACNAUGHTON, equine professionals (hereinafter referred to as "Owners").

I acknowledge the risks and potential for risks of equine activities. I understand the Participant may be working with and around the horses of HARTH Foundation. I, the undersigned, hereby, intending to be legally bound, for myself, my heirs and assigns, executors, or administrator, waive and forever release, acquit, discharge and hold harmless all claims of damages against HARTH Foundation, its board of directors, trustees, agents, instructors, therapists, employees, representatives, volunteers or Owners.

I understand that under Texas Law (CHAPTER 87, CIVIL PRACTICE AND REMEDIES CODE), a farm animal professional is not liable for an injury to or the death of a participant in farm animal activities resulting from the inherent risks of farm animal activities.

Signature

Printed Name

Photo Release

I Consent to and authorize

I do NOT Consent to

the use and reproduction by HARTH Foundation of any and all photographs and any other audio/visual materials taken of me or my child/ward for promotional material, educational activities, exhibitions, website, Facebook and other social media or for any other use for the benefit of the programs or HARTH Foundation.

Signature

Date